

Events & Company

Bringing the Community to Businesses

Gratitude.

Generosity.

Goodness.

Cafe 180 serves lunch to all

Paying It Forward

Everyday People Helping Others

HELPFUL HEARTS	ARTS & CULTURE	CHEFTALK	FITNESS & SPORTS	TUNES OF THE CITY
				
7	32	18	20	13

Contents



HELPFUL HEARTS: ELEVATION FOR VACCINATION



24

ARTS & CULTURE



32

TUNES OF THE CITY



13

FITNESS & SPORTS



20

CHEF TALK



18

- 04** EDITOR'S NOTE Paying it Forward
- 05** CAFE 180 is a nonprofit eatery that relies on financial support from individuals and organizations
- 07** FLOOD OF VOLUNTEERS highlights Westwoods Community Church's Disaster Relief Team
- 08** THANKSGIVING CRANBERRY ORANGES recipe
- 09** TURKEY TIPS to cook a moist and delicious turkey
- 10** GOODNIGHT MOON GALA benefitting Bright Beginnings
- 12** PASSPORT TO PARIS at Denver Art Museum

- 13** TUNES OF THE CITY Who's playing, when, and where?
- 16** NOVEMBER BENEFITS
- 18** CHEF TALK Cafe 180 serves a meal to everyone
- 20** FITNESS & SPORTS Colorado Avalanche
- 21** DENVER NUGGETS
- 23** DENVER ARTS WEEK at Children's Museum of Denver
- 24** ELEVATION FOR VACCINATION Dave Revere's fundraiser to vaccinate children in Burma

- 28** FREE FAMILY FUN Check out Free Days to visit Denver museums.
- 29** NOVEMBER CALENDAR Plan your month with our helpful calendar.
- 32** ARTS & CULTURE Schedule of art shows in local galleries.
- 33** DENVER CULTURE
- 34** FOUR MILE HISTORIC PARK history
- 38** GUIDE TO 5Ks & MARATHONS From start to finish for the month.

40

pages
full of selected
events
just for you



CAFE 180'S MISSION TO HELP OTHERS



Events & Company magazine will help you to schedule your social calendar. This monthly publication provides you with elite events including galas, benefits, fundraisers, and classy affairs to give you the absolute Denver experience. Be sure to check out Event & Company's website for more upcoming events and photos.

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THANKSGIVING 5KS



38

DENVER ARTS WEEK



HISTORY OF PARK





The Editor's NOTE



Paying It Forward

Happy month of Being Thankful everyone! This month's issue we spent gathering stories from people who took time out of their busy lives to help someone in need. Paying it Forward was brought to our attention when a kind lady did exactly that for us.

Late August 2012, we were headed back to our apartment three hours from the location of where we were staying for James's job. We were at a gas station filling up my car and discussing where we could stop to get some cash for the tolls that we would pass headed back. It was 9 or 10 o'clock at night, so our places to stop that would be open were limited.

On the other side of our gas pump, a lady was filling up her SUV and had apparently overheard our conversation. She stepped around the gas pump and handed us a \$20 bill saying that we would need it because there were numerous tolls we'd pass. Completely awestruck, James told the lady that was very kind but we couldn't take her money. She insisted we did and said don't thank her, but thank the Lord.

After we finished gassing up, we were on the road again talking to each other about the amazing blessing the lady had just done for us. We pulled into the first toll and handed the tenant the crispy \$20 bill, but the man in the booth said, "Do you all know the woman ahead of you all in an SUV? She said that a couple and a dog in a dark car would be behind her and she went ahead and paid the toll for you."

It is our hopes that everyone gets to experience the feeling of being helped as well as helping someone else. It truly is a feeling you will never forget.

Happy Thanksgiving!

Katharine and James



CAFE 180, recognizing our universal appetite for delicious, nourishing food and social connectedness, is dedicated to eliminating hunger and social barriers associated with food by feeding all people regardless of their ability to pay, in a dignified and respectful manner.

To serve up dignity, we ask customers to choose from one of the following:

Pay what you would typically pay.

Pay by volunteering one hour of service.

*Pay what you would typically pay, plus a bit more
to "pay it forward."*

3315 S. Broadway, Englewood, CO 80113
(303) 761-4510

DOES YOUR ORGANIZATION NEED A FUN AND PROFITABLE FUNDRAISER?

We would love to partner with you! We are introducing fundraising nights at CAFE 180. All you have to do is invite your donors, supporters and community to an evening dinner and we will split every donation 50/50!

Please contact Sarah Lesyinski at cafe180executivedirector@gmail.com for more information and to set up your fundraising night!



Fall means herbs: HerbCo Organic by Nature



HERBCO IS PLEASED TO ANNOUNCE THE LAUNCH OF OUR NEWEST DIVISION LOCATED IN DENVER, COLORADO. OUR NEW COMPANY, ROCKY MOUNTAIN HERBS, WILL PROVIDE RETAILERS AND WHOLESALERS IN THE REGION WITH ENHANCED DISTRIBUTION AND CUSTOMER SUPPORT. RETAILERS WILL APPRECIATE OUR NEW EDI CAPABILITY, AS WELL AS IN-HOUSE STAFF FOR STORE VISITS AND MERCHANDISING SUPPORT. ALL WILL APPRECIATE EXCELLENT COLD CHAIN MANAGEMENT, THIRD-PARTY FOOD SAFETY AUDITS, AND PASSIONATE DETAIL TO PRODUCT QUALITY.

IN MAY 2011, WE MOVED INTO OUR SPACIOUS NEW FACILITY, LOCATED IN NORTH DENVER. WITH TRIPLE THE PRODUCTION AND COOLER SPACE OF OUR PREVIOUS FACILITY, WE ARE TRULY POISED TO SERVE THE ENTIRE ROCKY MOUNTAIN REGION.



Flood of Volunteers

by Matt Whittaker

On a sunny Saturday morning in mid-September, volunteer flood responder James Herlyck could be found riding in the back of a pick-up truck driving a rural road along the Big Thompson River in rural Larimer County. The weather was not like Colorado's often praised 300 sunny days a year, but smaller clues belied what happened just a few days earlier. The still-swollen and brown river, the mud slicks covering yards along its banks, and the portable toilets set along the road for those without plumbing.

Days of rain had caused rivers to overflow their banks over a large swath of Colorado's Front Range. Herlyck was headed with several other relief workers to help relieve some of the devastation. While some of the volunteers at one of the residences shoveled ill-smelling muck or dug out sidewalks and steps, Herlyck spent his day with others at a neighbor's house removing now-worthless cabinets, ripping out wet dry wall and insulation, and spraying bleach on exposed studs to prevent mold.

As work like this and the subsequent rebuilding continues to be needed in Colorado, Herlyck musters other volunteers from Westwoods Community Church. The Lakewood-based organization's Disaster Response Team, or DiRT for short, has been in existence for nearly two years and responded to the past summer's Oklahoma tornados. The flood relief is the organization's biggest effort to date. As of October 13, DiRT, with a core of 8 to 12 active volunteers, had sent out teams on six deployments to areas around Loveland, Longmont, and Commerce City. The organization aims to continue deploying each Friday and Saturday at least for the rest of the year, says Kyle Johnson, who co-ordinates DiRT along with Herlyck.

Herlyck, who is a civil engineer by trade, says he was drawn to the DiRT program at Westwoods because he is an "action oriented person" who likes working with his hands to help people. He's found the flood work humbling, saying how the catastrophe "reinforces, or makes you aware for the first time, how plausible it is for disaster to strike us."

To help prepare Denver-area residents for possible future disasters, DiRT hosts Red Cross volunteers for presentations on how people can prepare themselves, including making a disaster plan and stocking a 72-hour emergency kit.

Even though DiRT is under Westwoods, which is a nonprofit organization, the disaster group is self funded, which limits some of the actions it can take. With that kind of budget, DiRT does not have the means to provide building or repair materials, Herlyck says. But once the owners secure things like new drywall or roofing materials, DiRT can help with the labor.

Everyone DiRT has helped so far has not had flood insurance, Herlyck says. At the house where he was helping remove soggy drywall last month, he estimates that do-it-yourself repairs could run to \$25,000 or more.

While it has been heartbreaking for Johnson to see the loss people have sustained, he also finds it encouraging to see people keeping their hope or having it restored. Both Johnson and Herlyck say the flood victims DiRT has helped have been grateful and have had an initially difficult time understanding that they don't have to pay anything.

"We don't want anything from them," Herlyck says. "We're just here to help."





From our
Thanksgiving
to yours!

Cranberries and Turkey

Cranberry filled Oranges

1 cup Sugar

1 cup Water

1 cup fresh cranberries

Fresh Oranges

Mix sugar and water in saucepan over Medium heat. Stir until sugar dissolves.
Add cranberries and bring mixture to boil.
Remove from heat after cranberries begin to pop, about 10 minutes.
Pour into bowl. Chill until serving.
Cut oranges in half and scoop pulp and fill with mixture.



Gobble, Gobble, Gobble

The Turkey. The most important dish on the table. What's the best way to fix a turkey?

First make sure it's thawed entirely... in cold water that means 1 hour for every 2 pounds of turkey.

Once thawed, lift the layer of skin and massage the bird with butter. Just think how good it will taste not how yucky it feels!

Season your turkey with seasoning salt and pepper.

The best way we've found to cook the turkey is by cooking it in a Reynolds turkey oven bag. This makes the meat juicier than ever!

Try stuffing your turkey with
1 large onion
3 stalks celery
dried parsley
dried sage
dried thyme
1/4 cup butter melted
1 cup chicken broth
salt and pepper
1 package of Seasoned Stuffing





Kristen Todd with Jean McSpadden, President & Chief Executive Officer of Bright Beginnings

Bright Beginnings' Goodnight Moon Gala honoring Barbara Grogan takes place November 1, 2013 at the Denver Museum of Nature and Science. This festive evening brings together hundreds of business and community leaders, early childhood advocates and practitioners, and families all in support of Bright Beginnings' dynamic early childhood programs working with children under the age of three, important years for a child's brain development.

The evening honors the early childhood contributions of Barbara Grogan, founder of Western Industrial Contractors Inc. and a leader in the business and entrepreneur communities. In addition, Dr. Scott Sampson, Vice President of Research and Collections and Chief Curator at the Denver Museum of Nature and Science and host of PBS' Kids Dinosaur Train, will deliver the keynote address. George Sparks, President and CEO of the Denver Museum of Nature and Science, is the emcee of the event. Honorary chairs of the event include Governor John Hickenlooper and former Governor Roy Romer.

Bright Beginnings promotes the importance of positive parent-child interactions and relationship building in order to give children the best start in life. With simple tools and strategies provided through easy-to-use and engaging program materials, parents learn the importance of talking, reading, and playing with their child every day. When parents and caregivers know why these activities are so critical in preparing their child for success in school and in life, they are empowered to be the most effective "first teacher" in their child's life.

Did you know...

- The amount of time that a child spends together with parents or caregivers while listening to them read is a good predictor of the level of reading that the child will attain later in life.
- Reading aloud stimulates language and cognitive skills, as well as builds curiosity, motivation, and memory.
- Research has shown that the more words a child hears by age three, the better they do on tests of cognitive development.





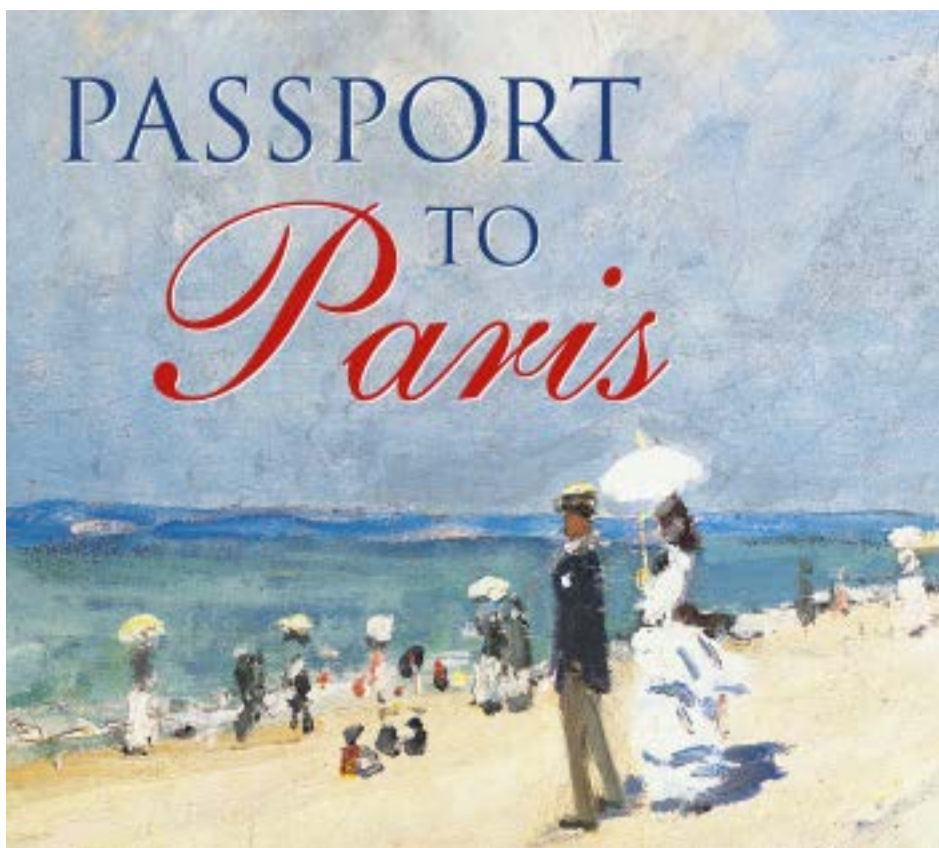
Silent auction accompanied by live piano music from Judy Boyd.



Honoree Barbara Grogan has contributed so much to Bright Beginnings and to the civic landscape in Colorado. Barbara was recently honored as Philanthropist of the Year by the Colorado Association of Nonprofits.



Dinner and live auction with emcee, George Sparks, CEO of the Denver Museum of Nature and Science, and Keynote Address by Dr. Scott Sampson, VP of Research and Collections, Chief Curator at the Museum and host of PBS Kids Dinosaur Train.



The Denver Art Museum will host Passport to Paris, a suite of three exhibitions, October 27 through February 9, 2014. The trio of shows will focus on French art from the late 1600s to early 1900s, and explore changed in art and society during three important centuries in art history. The museum will offer a full suite of complimentary activities that highlights France and the French aesthetic. Additionally, a partnership with Colorado Symphony will allow both institutions to provide immersive and interactive experiences to their audiences.

“Through three related yet distinct exhibitions, our visitors will experience the richness and complexity of French art, from the grand and monumental art of the time of Louis XIV to the lively depictions of contemporary life of the impressionists,” said Christoph Heinrich, Frederick and Jan Mayer Director of the Denver Art Museum. “This is a rare opportunity to view the work of masters—Degas, Monet, Pissarro, Toulouse-Lautrec, Van Gogh among others—and not just their paintings, but also their sketches and drawings, which is often the foundation for later masterpieces.”

Denver Art Museum October 27 - February 9

Passport to Paris requires a special exhibition ticket that includes entrance to the suite of three shows, an audio guide for Court to Café, and general museum admission. A specific entry time is required for Court to Café, but patrons can visit the other exhibitions freely. Patrons can purchase tickets via the website, www.denverartmuseum.org, or by calling 720-913-0130.



CLAUDE MONET, ROAD IN THE WHEATFIELDS AT POURVILLE, 1882. OIL ON CANVAS; 23 X 30-3/4 IN. LENT BY FREDERIC C. HAMILTON.



Tunes of the City

• *who's playing* • *when* • *where* •



Music in November

1st **Bonobo**
Fillmore Auditorium. 7:30pm

5th **Stephen Marley**
Gothic Theatre. 9:00pm

7th **Iron & Wine**
Paramount Theater 8:00pm

8th **Judy Collins**
Paramount Theater. 8:00pm

9th **Frank Turner**
Ogden Theatre. 8:00pm

9th **Ben Harper**
Ellie Caulkins Opera. 7:00pm

9th **Rihanna**
Pepsi Center. 8:00pm

13-16th **The Black Crowes**. Ogden Theatre. 9:00p

15th **Tyler Stanfield**
Bluebird Theater. 9:00pm

15th **Blizen Trapper**
Pepsi Center. 7:30pm

20th **Michael Buble**
Pepsi Center. 8:00pm

21st **John Legend**
Ellie Caulkins Opera House.
8:00pm

21st **Vanessa Carlton**
Gothic Theatre. 8:00pm

22nd **Lady Antebellum**
Pepsi Center. 8:00pm

Proudly Serving Thai Cuisine

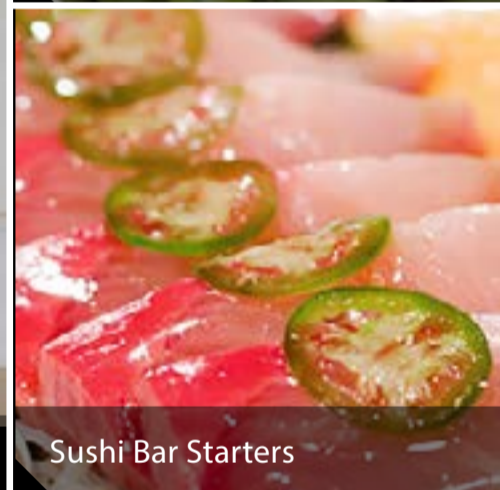
BARA SUSHI + GRILL

Join us for Happy Hour
Monday-Friday 4:00-5:30pm
Saturday and Sunday 2:30-5:30pm

**Mention this
ad to receive
15% off**



Kitchen Starters



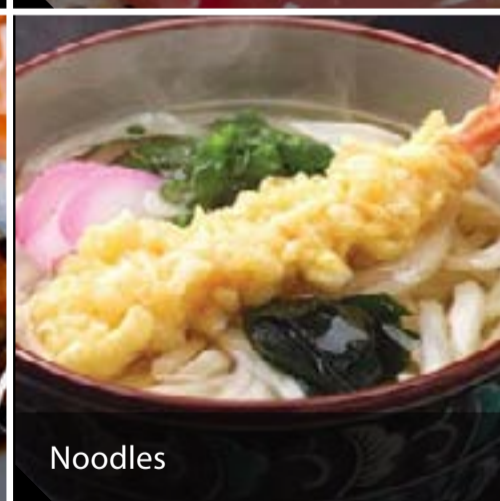
Sushi Bar Starters



Desserts



Sushi Entrees



Noodles

Free Delivery

Starters starting at \$3

Happy Hours

Sushi starting at \$1.75/pc

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4th Annual!

1940's

WHITE CHRISTMAS Ball

Sat. Dec 7th, 2013 5pm

Pearl Harbor Tribute



Join us for **an unforgettably magical 40's & 50's holiday party** that will bring back all the warmth & nostalgia of a more simple time! Experience **an enchanting evening** of dancing w/ your sweetheart amidst WWII planes, movie set lights & props, re-enactors, sleighs, Christmas trees & The **Queen City Jazz Band**, one of the most sought

after big bands. Enjoy re-enactments from the timeless movie **White Christmas**, sleigh rides, Santa, a Christmas Village & special appearance by 50's Queen of Rock, **Wanda Jackson!** Wings Over the Rockies Air & Space Museum

Sponsored by:



Last year **SOLD OUT** in advance--Get your tix early!
\$40/\$45 door. MORE INFO: 720-924-1945

1940sBall.org



A gift consists
not in what is done
or given, but in the
intention of the giver or
doer.

Lucius Annaeus Seneca

November Benefits

Goodnight Moon Gala

Nov. 1st The Goodnight Moon Gala benefitting Bright Beginnings will be held at the Denver Museum of Nature and Science. 6:30 cocktails, silent auction, dinner and live auction. 9:00 After party will feature dessert buffet, coffee bar, and live entertainment. Honoring the early childhood contributions of Barbara Grogan, Founder of Western Industrial Contractors, Inc.

Bright Beginnings leads the design, delivery, and evaluation of innovative programs to promote the healthy development of all children in the first three years of life. Programs are offered at no charge to all parents and caregivers throughout Colorado.

A Taste for Life

Nov. 5th Join Project Angel Heart at 6:00pm at Hyatt Regency Denver for A Taste for Life, an evening showcasing delicious tastes and cocktails from some of Denver's most celebrated restaurants and caterers. Each year, A Taste for Life draws hundreds of philanthropic "foodies," community leaders, and local culinary gurus. The event also features a silent auction, unique entertainment and an opportunity to support a great cause.

Project Angel Heart embodies stability and hope by providing nutritious meals, free of charge, and specifically prepared to meet the nutritional needs of each individual client.

Museum After Dark

Nov. 8th Museum After Dark will be held at the Denver Museum of Nature & Science. 6:30. Become immersed in the awe-inspiring world of constellations and planets, where mystery and brilliance reign. Enjoy cocktails, dinner, dancing, and a unique silent auction among fascinating scientific treasures as we celebrate the wonders of the universe!

Funds raised will provide educational programs that seek to inspire young minds to think, learn, and grow through science.

Gingerbread & Jazz

Nov. 9th "Hot Jazz, Cool Drinks and Fine Food" at the 19th Annual Gingerbread & Jazz Gala from 6-10 pm at the Historic Day Nursery, 104 E. Rio Grande (northeast corner of South Tejon and Rio Grande), Downtown Colorado Springs. Two floors of this enchanting center will be transformed into sizzling jazz venues with performances from Steve Draper, Brenda Miles, The Changing Times and First Call.

In addition to the great music, there will be chances to win raffle prizes, enjoy classic Gingerbread & Jazz signature cocktails and delicious food. You'll love the Masterpiece Chef Challenge, a live, two-hour iron chef competition, to build the most amazing gingerbread houses.



Secret Chef's Wine Dinner

Nov. 15th Project PAVE's 21st annual Secret Chef's Wine Dinner & Auction held at the Marriot Denver at Cherry Creek. The evening includes a magnificent six-course meal, expertly paired wines, and lively company. Guests will receive a cookbook featuring each recipe.

Project PAVE is to empower youth to end the cycle of relationship violence. PAVE's approach to ending this cycle is through intervention and family advocacy, prevention education, and youth leadership programming.

Hearts of Hearts Gala

Nov. 21st The 32nd annual Heart of Hearts Gala benefits the breast care centers at: Avista Adventist Hospital, Castle Rock Adventist Hospital, Littleton Adventist Hospital, Parker Adventist Hospital and Porter Adventist Hospital. Guest will enjoy bidding on one-of-a-kind items during the silent auction and musical entertainment by adbacadabra - the ultimate ABBA tribute! 5:30pm at Sheraton Denver Downtown Hotel.

Hoot N' Holler

Nov. 23rd The Kendall & Taylor Atkinson Foundation's annual Hoot N' Holler fundraiser at the Hilton Garden Inn DTC. 6:00pm. There'll be an auction, dancin', Texas Hold 'Em and more! Great grub courtesy of Darcy's Pub, Garcia's Mexican Restaurant, McMormick and Schmick's.

Benefitting Fanconi Anemia Research and Children with Special Needs.

Spreading Wings Gala

Nov. 16th The Wings Over the Rockies Air & Space Museum Gala honors Buzz Aldrin and Dr. Neil deGrasse Tyson. Buzz Aldrin is an icon in the aerospace industry. He was the Apollo XI Lunar Module pilot for the first successful moon landing in 1969 and the second man to walk on the moon. He has spent more than 4,500 hours of time in flight—290 of those hours spent in space. Aldrin also holds the world record with a 5½-hour space walk. World-renowned astrophysicist Dr. Neil deGrasse Tyson is the current director of the Hayden Planetarium in New York City with "The Colbert Report," "Tonight Show with Jay Leno" and "The Big Bang Theory."

Silver Bell Ball

Nov. 22nd The unofficial kick-off of the holiday season will be held at the Grand Hyatt in downtown Denver. Tickets \$250 per person. This year, 7NEWS Anchor Mitch Jelniker will be the Master of Ceremonies. Live entertainment by Hazel Miller and her band follows a delicious sit down dinner. Silent and live auctions will be held with items including a one-week stay at a luxurious estate in Pergola, Italy, gold foursomes, ski vacations, and a raffle for a \$10,000 cash prize. Proceeds provide treatment and care of children at Mount Saint Vincent.

Fantasy Ball

Nov. 23rd The 26th Annual Fantasy Ball "No Place Like Home" will benefit The Adoption Exchange. The funds raised through this exciting evening will help with the recruitment of families for children who are waiting in foster care to be adopted into permanent homes and assist The Adoption Exchange in providing support to families who adopt.

Dinner sponsored by Regal Entertainment Group and prepared by Epicurean Catering will follow, as well as a live auction. Entertainment will be provided by Kelley's Red Shoes.

Brass Ring

Nov. 19th Denver's Premiere Fashion Event featuring Mariel's Holiday Collection and a special presentation of evening wear by Alberto Makali. Denver Marriott City Center at 9:30am.

Proceeds of the event benefit The Guild of the Children's Diabetes Foundation whose mission is to raise funds to support programs of education, awareness, research, and treatment at the Barbara Davis Center for Childhood Diabetes, where over 6,000 children and young adults currently receive care.

High Rollers for Health & Hope

Nov. 22nd Project C.U.R.E.'s third Annual Casino Night - High Rollers for Health & Hope at The Pinnacle Club at the Grand Hyatt. Try your luck at the Blackjack, Craps, and Roulette Tables all while enjoying a fabulous evening of food, drinks, and dancing with the beautiful Denver skyline in the background. All proceeds from the event will deliver medical equipment and supplies to ill-equipped hospitals & clinics throughout Mexico. Individuals: \$125. Young Professionals: \$75.

100 Men Who Cook Gala

Nov. 30th 100 Men Who Cook Annual Gala will be held at the Renaissance Denver Hotel at 6:00pm. Gentlemen from throughout the community don their chef hats to prepare mouth-watering delicacies for sampling. The festive evening includes live entertainment, dancing and a silent auction.

This year's Gala benefits The Struggle of Love Foundations (SOL), The Colorado Starlites Drum and Drill Team, and The Jazz C.A.F.E. (Cultivating a Future of Excellence).

The ChefTalk

Paying It Forward



WHEN WE
GIVE CHEERFULLY &
ACCEPT GRATEFULLY,
EVERYONE IS BLESSED.
-MAYA ANGELOU

Founder of Cafe 180, Catherine Matthews, states that the goal is "to create a fresh approach to addressing hunger that involves dignity, respect and self sufficiency in the act of mutual exchange."



Cafe 180

Pays It Forward

Eliza Martinez

Have you ever eaten at a restaurant that lets you pay only what the food is worth? Or a place that lets you work in exchange for a meal? If it sounds too good to be true, you need to try an innovative café serving delicious food. Café 180, located in Englewood is changing the way people look at eating out, in a great way!

November is a time of self-reflection and gratitude. As Thanksgiving approaches, consider how lucky you are and count your blessings. Everyone from all walks of life has something to say thanks for and this month is a great time to do it. Think about how you can pay it forward by taking a lesson from the owners and volunteers at Café 180.

Catherine Matthews started Café 180 after she was inspired by a similar restaurant in Denver founded by Brad and Libby Birky. Catherine's hope and vision was to create an environment of generosity, whether by the patrons or the volunteers. Each week Café 180 sees about 150 scheduled volunteers and 100 unscheduled ones. These people work in exchange for a meal or simply to share their time and talents with those in need. Volunteers come from a variety of places and might be single moms, affluent citizens, college students, homeless individuals or the unemployed. At Café 180, they're all the same, however. "Social barriers inadvertently break down because we all have an appetite for delicious food," says Catherine.

Catherine's goal at Café 180 is "to create a fresh approach to addressing hunger that involves dignity, respect and self sufficiency in the act of mutual exchange." This means that everyone who enters the doors of Café 180 is offered the same opportunities. That is to enjoy a delicious meal and the chance to give back to the community by serving others.

The café works by allowing customers to pay what the meal is worth. If they cannot pay, they can volunteer in the restaurant in exchange for their food. At the same time, someone who is able to pay more can contribute to the cost of the meals for people who cannot afford to dine out. In this way, each person is able to pay it forward.

Catherine shares one of her favorite stories that epitomizes the pay it forward way of life. Here, the story in her words: "One young man, Wes, was required by the judge to perform 20 hours of community service. He reluctantly showed up at Cafe 180. As the days went by, he was deeply impacted by the dignified and personal interactions between people from different walks of life. At the end of his required service he asked, 'What is the largest amount ever donated in exchange for a lunch?' He was told \$100. His reply, 'I can beat that!', was met with raised eye brows and happy laughter. A week later, 17-year-old Wes came in to the cafe with \$110. He told everyone, 'This is half of my paycheck, and I want to donate it in exchange for a meal.' Cafe 180 had paid human kindness and generosity forward to him and now he wanted to do the same."

What a wonderful example Wes is for everyone this Thanksgiving. Go ahead, head over to Café 180, have a tasty meal and then take the time to pay it forward. In honor of Catherine and her many, many inspiring stories, make this a Thanksgiving to remember.



2013 2013 2013

Fitness & Sports



Colorado Avalanches Schedule

Fri 1 @ 6:30 Stars v. Avalanche (away)
Sat 2 @ 8:00 Avalanche v. Canadiens (home)
Wed 6 @ 7:30 Avalanche v. Predators (home)
Fri 8 @ 7:00 Avalanche v. Flames (home)
Sun 10 @ 6:00 Avalanche v. Capitals (home)
Tue 12 @ 5:00 Hurricanes v. Avalanche (away)
Thu 14 @ 6:00 Blues v. Avalanche (away)
Sat 16 @ 7:00 Avalanche v. Panthers (home)
Tue 19 @ 7:00 Avalanche v. Black Hawks (home)
Thu 21 @ 7:00 Coyotes v. Avalanche (away)
Sat 23 @ 8:30 Kings v. Avalanche (away)
Wed 27 @ 7:00 Avalanche v. Blues (home)
Fri 29 @ 4:00 Wild v. Avalanche (away)
Sat 30 @ 7:00 Avalanche v. Wild (home)

Denver Broncos Schedule

Sun 10 @ 2:25pm Chargers v. Broncos (away)
Sun 17 @ 2:05pm Broncos v. Chiefs (home)
Sun 24 @ 6:30pm Patriots v. Broncos (away)

Colorado Avalanche are Riding High on a Solid Mix of Young and Old

Jennifer Eakins

The Avalanche have an average age of 27.6, including 18-year-old No. 1 pick Nathan MacKinnon and 20-year-old captain Gabriel Landeskog. Also on the roster are studs like Matt Duchene, Ryan O'Reilly and Paul Stastny who are far from rookies. While most NHL teams are comprised of guys all along the spectrum of their careers, what makes this team different is its recent coaching and management hires.

The Avalanche brought in former players and fan favorites Joe Sakic, Patrick Roy and Adam Foote to fill various roles in the front office and coaching staff, lighting a spark in the organization that is palpable on the ice. The team under Coach Roy started out the season tying the best start by a rookie coach at 6-0-0 previously set by Mario Tremblay with the Montreal Canadiens in 1995-1996. The season also began with a spirited outburst from Roy, setting the tone that this Avs team means business.

Another key to the team's early success has been its outstanding goal tending. Both Jean-Sebastien Giguere and Semyon Varlamov have played lights out and been clutch in the success of this team so far this season. Giguere has been a perfect veteran to come in and help young Varlamov in the net. He previously won a Stanley Cup with the Anaheim Ducks and signed with the Avalanche as a free agent in 2011. Varlamov has enjoyed heightened success this season due to working on and enhancing his technique during this past offseason.

One would think that the early season success in the Avalanche net is due to having former goalie Roy at the helm. However, the rookie head coach has stepped aside to focus on the team as a whole and brought in his mentor

Francois Allaire as the Avalanche goaltending coach. That certainly says a lot about his trust and focus this season if he is willing to give the goalie reigns to someone else. The athletes performances and record shows how united this Avalanche team is in wanting to win for their new coaching staff as well as their teammates.

While it is still too early to see how this season will pan out and if these guys can maintain their current momentum, it is certainly a fun ride for hockey fans in Colorado. After years of lackluster performances, there is finally an Avalanche team that is talented, driven, and hungry enough to get it done on the ice and potentially fight for a spot in the postseason.



2013 2013 2013 2013 2013



DENVER NUGGETS ANDRE MILLER

One of only eight players in NBA history to record at least 15,000 points and 7,500 assists. Ranks second among active players in total assists (7,956) and 10th in NBA history. Ranks third on Denver's career assist list with 2,878. Has played in all possible games in 10 of his 14 NBA seasons. Has missed just four games in his career and appeared in 632 consecutive games from 1/6/03 to 12/5/10. Has nine career triple-doubles and 205 double-doubles, including a career-high 52 on 1/30/10 at Dallas.



DENVER NUGGETS Danilo Gallinari

Appeared in 71 games (all starts), averaging 16.2 points, 5.2 rebounds and 2.5 assists in 32.5 minutes. Led team with 135 3-pointers and also shot team-best .822 from the free-throw line. Scored 20+ points 22 times. Had 19 points, eight boards, four assists and three steals in 36 minutes vs. SAC on 3/23.



Denver Nuggets Schedule

Fri 1 @ 7pm v. Portland
Tue 5 @ 7pm v. San Antonio
Thu 7 @ 7pm v. Atlanta
Fri 8 @ 7pm @ Phoenix
Mon 11 @ 7pm @ Utah
Wed 13 @ 7pm v. LA Lakers
Fri 15 @ 6pm v. Minnesota
Sat 16 @ 6pm @ Houston
Mon 18 @ 6pm @ Oklahoma City
Thu 21 @ 8:30pm v. Chicago
Sat 23 @ 7pm v. Dallas
Mon 25 @ 6:30pm @ Dallas
Wed 27 @ 6pm @ Minnesota
Fri 29 @ 7pm v. New York





Discover, create, play & learn!

Interactive exhibits, daily programs
and year-round family events
all make learning fun!



Kinetics



Center for the Young Child



The Art Studio



Children's
Museum | Denver



Making It Possible.

303-433-7444 www.mychildsmuseum.org



Denver Arts Week

Children's Museum of Denver

Saturday, November 1 – Saturday, November 9

Special arts programming at 1:00pm Monday through Friday. Special events Saturday and Sunday (listed below).

The littlest members of our community will experience the arts in engaging and unique ways! Explore self-expression and creativity with special interactive programs and kid-friendly performances throughout the week.

Chinese Dance Performance by Ni Shang Dance Academy

Saturday, November 2 at 11:30am and 12:30pm

Watch as young dancers perform beautiful excerpts from traditional Chinese dances. The Ni Shang Dance Academy will perform five traditional dance numbers for Museum guests: 1. Lovely Jasmine (performed by 4-5 year olds) 2. Chinese Dai Dance (performed by 7-12 year olds) 3. Beautiful Lake (performed by 12 year olds) 4. Chinese Tang Dynasty Dance (performed by instructor) 5. Chinese Tibetta Dance (performed by 7-12 year olds). It's a traditional Chinese dance show sure to be a treat for everyone.

Colorado Ballet presents "From the Page to the Stage"

Sunday, November 3 at 11:30am, 12:30pm and 1:30pm

Experience child-friendly dance with Colorado Ballet. Dancers will perform short excerpts from classic ballets like Cinderella, Sleeping Beauty and the Nutcracker. Children will learn the fundamentals of ballet, including how the stories were translated into dance, the use of pointe shoes and tutus, and men's roles in dance. Space is limited. First-come, first-served.

Target Tuesday

Tuesday, November 5 4-8pm

Through Target's generous sponsorship of the Children's Museum of Denver, families can play for FREE the first Tuesday of each month from 4 - 8:00pm



ELEVATION FOR VACCINATION

Dave Revere

I climb mountains for the clarity they gives me; an ultra high-definition perspective on life. I feel like I own the whole world stretching out below me, and that it owns me. I've never felt this more than when I climbed a mountain near the border of Burma one year ago. It was my first real look at that land, so close to the orphanage where I was volunteering in Thailand. I knew in that moment of clarity that I was somehow connected there.

Shortly after that experience, I found an opportunity to be part of a vaccination program which reaches out to internally displaced Mon communities. Mon people are an ethnic minority in Burma who have endured decades of brutal repression by the Burmese government. Even though things are changing today, the current administration still does not offer these people, the oldest inhabitants of Burma, the basic constitutional rights of Burmese citizens. This includes health care. As a result, the lack of immunization from easily preventable diseases is a serious problem there.

I made a series of trips with a local nonprofit organization which trains Mon medics and sends them back to their communities to vaccinate the children from the main diseases in Southeast Asia. I drove the truck, prepared syringes, held crying babies and got to be a soccer star to tons of little kids!

The jungle world that opened up to me as I experienced these communities was mind blowing. It's a culture and lifestyle that few outsiders have had the opportunity to see, and their acceptance of me was almost unbelievably natural.

I saw first hand the kind of life-saving impact this annual outreach is having. Unfortunately, funding fell short and vaccinations were not able to be completed in all the children targeted in these communities. There's currently zero funding for next year's program. After bonding with so many of these children, I felt like I had almost no choice but to try to do something. That's why I'm doing one of the only things I know how to do well – climb a mountain!

I'm climbing a mountain as if these kids' lives depended on it, and for some, it just might. I'm doing a technical climb up the north face of Long's Peak in Rocky Mountain National Park, and I'm selling elevation on this climb for \$1 a foot. Purchasing ONE foot of my climb can cover one diphtheria or tuberculosis vaccine. A buck nearly covers two polio or tetanus vaccines!

Here's how much it costs us to buy a single dose of vaccine:

OPV - \$0.55
BCG - \$0.87
DTP - \$0.81
MMR - \$5.56
Tetanus - \$0.58
Hep B - \$5.82



Last year's UNICEF survey reports that 66 out of 1,000 children under five die in Burma, mostly from preventable diseases. This number is significantly higher in areas where there is no access to health care. Remote areas such as the villages for internally displaced Mon people which this program serves. Purchasing ONE foot of my climb can cover one diphtheria or tuberculosis vaccine. A buck nearly covers two polio or tetanus vaccines!

This four-year-old program reaches approximately 3,000 children and pregnant women in 26 remote, jungle villages near the Thai/Burma border. My primary goal is to raise more than \$15,000, which will be enough to purchase most of the vaccines needed for the kids we're hoping to reach for 2014. If we can raise more, we hope to expand to other villages currently receiving no vaccinations.

These children will be at a much higher risk to these killer diseases if we aren't able to purchase the vaccines for them. That's why I'm inviting my fellow Coloradans to claim a piece of this life-saving effort.

Click here to [visit my fundraising page and watch the video for more information.](#)

Let's elevate to vaccinate!





projectc.u.r.e.

delivering health & hope to the world

3rd Annual High Rollers for Health & Hope

Bet on Project C.U.R.E.!

Friday, November 22, 2013

6:30 – 10:30 p.m.

**The Pinnacle Club at the Grand Hyatt Denver
1750 Welton Street, 38th Floor**

Presented by



Join us for our 3rd Annual Casino Night fundraiser.

Enjoy the night lights of the Denver skyline
while trying your luck at roulette, craps, and blackjack.

Cocktails & Dinner will be served | “Night Out on the Town” attire

Proceeds will deliver medical supplies and equipment to underserved hospitals and clinics throughout Mexico.

Sponsorship Opportunities Available

Tickets available at: projectcure.org/events

Individual Tickets: \$125

Young Professional (under age 35): \$75

Event Program

6:30 pm	Cocktail Hour & Silent Auction
7:30 pm	Dinner
8:00 pm	Program & Live Auction
8:30 pm	Gaming Tables Open, Music & Dancing

Valet event parking: \$10 flat rate

For more information:

Laurie Porter | 720.490.4022 | laurieporter@projectcure.org



Its extensive holdings, many originally purchased by Madame Clicquot, stretch throughout the top-rated areas of the Champagne region and are exceptional in size and quality. As in Madame Clicquot's day, bottles age in the House's vast, vaulted cellars in Reims, portions of which were constructed some 2,000 years ago by the Romans.

The remarkable Madame Clicquot (1777-1866) is considered one of the first business-women of the modern era. Widowed in 1805 at the age of 27, Madame Veuve Clicquot (born Ponsardin) defied every convention of the day to take the helm of her late husband's small Champagne House. She personally supervised cellar activities and introduced innovative production techniques still used today. Champagne Veuve Clicquot is known internationally for its classically styled and full-bodied Champagne.



The sky is the limit



<https://www.facebook.com/veveclicquot>



Refreshment on the highest summit.



Free Family Fun

Free Days

- Fri. Nov 1 - Botanic Gardens Chatfield
- Sat. Nov 2 - Denver Art Museum
- Sat. Nov 2 - Botanic Gardens York Street
- Sun. Nov 3 - Denver Museum of Miniatures, Dolls & Toys
- Mon. Nov 4 - Denver Zoo
- Tues. Nov 5 - Denver Children's Museum
- Fri. Nov 15 - Denver Zoo

WHEN
YOU'RE CURIOUS,
YOU FIND LOTS OF
INTERESTING THINGS
TO DO
- WALT DISNEY

Take advantage of the free days listed above to take the family to museums and parks around Denver. Also be sure to check their websites for special events and offers they have going on.



CALENDAR

November 2013



Saturday, November 2

Night at the Museum

FREE Admission. 5:00-10:00pm. Experience the Four Mile House Museum at night after the lights dim and the doors close and participate in fun activities depicting life in 1800s Colorado – in the dark. Four Mile Historic Park.



Saturday, November 2

Art Rodeo: RedLine's 4th Annual Artist Bacchanal

7:00pm. RedLine, 2350 Arapahoe St, Denver CO 80205. Put on your country cocktail attire and join us for a rodeo-themed Artist Bacchanal that seeks to capture the pioneering spirit of the west through a celebration of cutting-edge artists and contemporary art. Western costumes are encouraged.



Tuesday, November 5

A Taste for Life

Project Angel Heart. 6:00pm at Hyatt Regency Denver at Colorado Convention Center. Join Project Angel Heart on Tuesday, November 5 for A Taste for Life, an evening showcasing delicious tastes and cocktails from some of Denver's most celebrated restaurants and caterers.



Thursday, November 6-17

36th Starz Denver Film Festival Paint the Town Red

This November...Paint the Town Red! The 36th Starz Denver Film Festival takes place Wednesday, November 6th - Sunday, November 17th. It's a film-lovers dream, with more than 200 films from around the world, including premieres, tributes, awards, parties, celebrity appearances and more.



Friday, November 8

Museum After Dark: Across the Universe

6:30. Denver Museum of Nature and Science. Become immersed in the awe-inspiring world of constellations and planets, where mystery and brilliance reign. Enjoy cocktails, dinner, dancing, and a unique silent auction among fascinating scientific treasures as we celebrate the wonders of the universe!



Friday, November 8

Denim & Diamonds Fall Fest 2013

Join us for Christ the King's largest fundraiser of the year with a Glitzy Southern Hoedown theme and auction items. Delicious food provided by Perfect Pear Catering. Live entertainment by Narrow Gauge Band. Priceless live auction. Benefits children's programs.



Saturday, November 9

Hot Night Fusion Dances

These monthly events held on the second Saturday of every month offer two hours of dance lessons and Fusion social dancing to DJ'd music and a dance lesson. The popular style of dancing, known as Fusion, takes dance steps from Blues, Tango, Swing, and other Latin dance styles, and blends them together.



Saturday, November 9

Denver Urban Scholars: The Class Act

6:00pm at The Ritz-Carlton. All event proceeds support the successful mentoring programs of Denver Urban Scholars, a nonprofit organization dedicated to helping metro Denver students graduate high school and enter higher education with a meaningful life plan for success.



Saturday, November 9

The Lumberjack Party

The Tavern Downtown. 9:30pm. the biggest lumberjack party IN THE WORLD (probably). Drink specials, raffle prizes, and more flannel than you can shake.



Thursday, November 14

Chef N' Brew Festival

6:00pm at EXDO Event Center. \$49 GA/ \$69 VIP. 15 breweries and 15 top chefs offer the best of local beers with the opportunity to meet Top Denver Brewmasters. Guests receive unlimited access to beer and food along with a commemorative tasting glass.



Friday, November 15

Colorado Women's College 125th Anniversary Gala

6:30pm at History Colorado Center. Enjoy an evening of celebration as we honor the legacy of Colorado Women's College and its commitment to the advancement of women. The evening will consist of performances by Cleo Parker Robinson Dance (CWC Alumnae), and an emceed program by Gloria Neal of Channel 4.



Friday, November 15

Holiday Sale

Botanic Gardens York Street. Start your holiday shopping at the Gardens' Holiday Sale. Browse among the most unique vendors selling handcrafted items, specialty foods, clothing, seasonal items, and much more.



Saturday, November 16

Historic Elitch Garden Theatre Foundation Chocolate & Beer Pairing Party

6:30pm. The Scheitler Home, 5005 West 33rd Avenue, Denver. \$40/ ticket. Chocolate RX will guide guests through a fun, relaxed, adult international chocolate pairing class. Next, guests sip five unique beers, each paired with chocolates.



Thursday, November 21

15th Annual Beaujolais & Beyond Festival

Celebrate the arrival of the "Beaujolais Nouveau" and vote for your favorite chef in the Culinary Competition. Share and Enjoy a wide variety of French Wine and Gourmet Cuisine from over 20 of Colorado's most creative chefs.



Friday, November 29

Downtown Denver Grand Illumination

6:00pm. Head Downtown for festive holiday lighting ceremonies at Union Station and the City and County Building. In addition, thousands of lights at Skyline Park, D & F Tower and along the 16th Street Mall and 14th Street add even more magic to this special evening. FREE public event.



Friday, November 29

Southwest Rink at Skyline Park

Ready. Set. Skate. Skyline Park is the place for fun this holiday season. Southwest Airlines and the Downtown Denver Partnership invite you and your family to join us for FREE skating at the Southwest Rink at Skyline Park, located at 16th & Arapahoe in Downtown Denver. Ice skating is free!



Saturday, November 30

Mannheim Steamroller Christmas

Nov 30, 2013-Dec 1, 2013. The Buell Theatre Performance Times: Sat: 4:30 & 8:00pm Sun: 3:00pm & 7:00pm. Grammy Award winner Chip Davis has created a show that features the beloved Christmas music of Mannheim Steamroller Christmas along with dazzling multimedia effects performed in an intimate setting.



Saturday, November 30

Drums of the World

2:00pm at the PACE Center. Marimba, bongos, bass drums, woodblocks, log drums, boo-bams, Chinese cymbals, metal trash cans, darabukkas, talking drums, plastic pipe, acoustic guitar, toy trumpet, table spoons, burma gongs, water can, crow call, tambourine, gankogui, and sleigh bells! These are a few of the percussion instruments used in this popular annual concert.



November 30 - Dec 28

Colorado Ballet presents The Nutcracker

November 30 through December 28, 2013 at the Ellie Caulkins Opera House. The Nutcracker features unforgettable characters as well as dazzling costumes and scenery by José Varona.



Family Fun Museums

1 Denver Museum of Nature and Science

2001 Colorado Blvd
Denver, CO 80205

Hours: Monday-Sunday
9:00am – 5:00pm

(303) 322-7009

2 Denver Art Museum

100 W 14th Ave Pkwy
Denver, CO 80204

Hours: Tuesday-Sunday
10:00am - 5:00pm

(720) 865-5000

3 Wings Over the Rockies Air and Space Museum

7711 E Academy Blvd #1
Denver, CO 80230

Hours: Monday-Saturday
10:00am - 5:00pm
Sunday 12:00-5:00pm

(303) 360-5360

4 Museum of Contemporary Art Denver

1485 Delgany St.
Denver, CO 80202

Hours:
Tuesday-Thursday
12:00–7:00 pm
Friday 12:00–9:00 pm
Saturday-Sunday
10:00am – 5:00 pm

(303) 298-7554



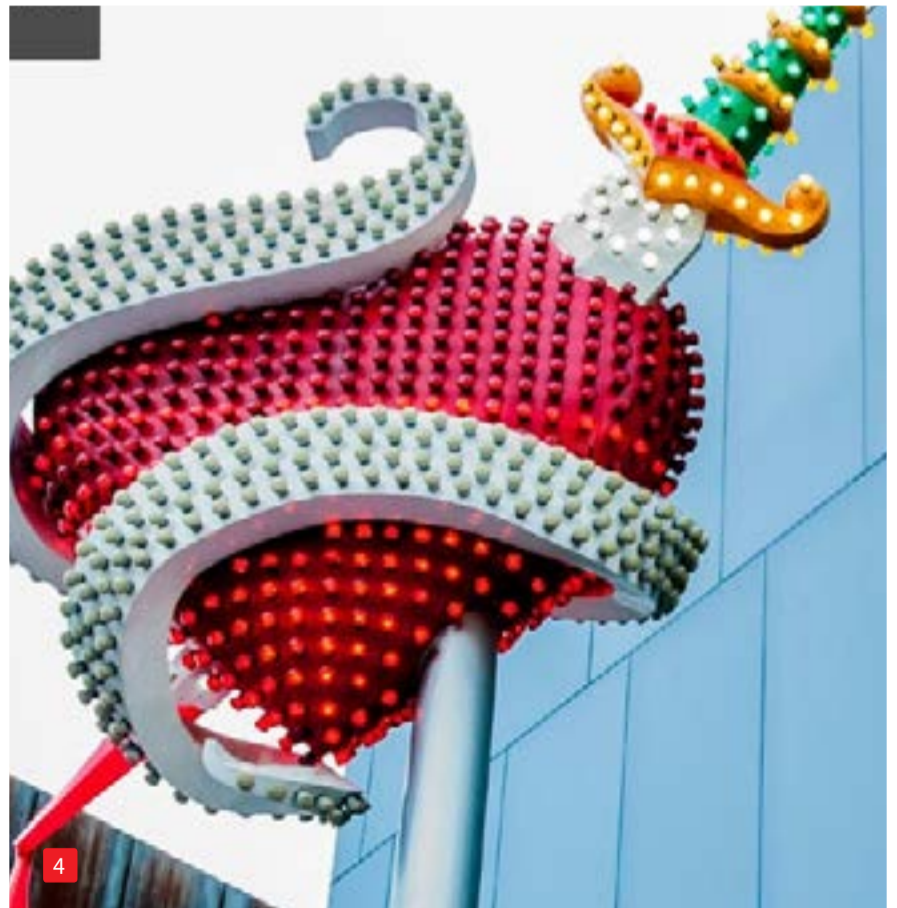
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4

Arts & Culture

1 Glovinsky Gallery Party

November 1 at 6:00pm. Located in Denver's popular Santa Fe Art's District, on 8th and Inca. A free party in your honor and all of your closest friends are invited to this once in a life-time, exclusive event! Featuring artist Janet Glovinsky.

2 Museum of Contemporary Art

November 2 at 10:00am. A new exhibition Pattern: Follow the Rules examines the definitions of the well-worn terms Pattern and Decoration.

3 Museum of Outdoor Art

November 4-9. Opening Reception November 9th at 5:00pm. Featuring new encaustic and ceramic works by Patricia Aaron and Chandler Romeo. Shows through March 8, 2013.

4 Saks Galleries

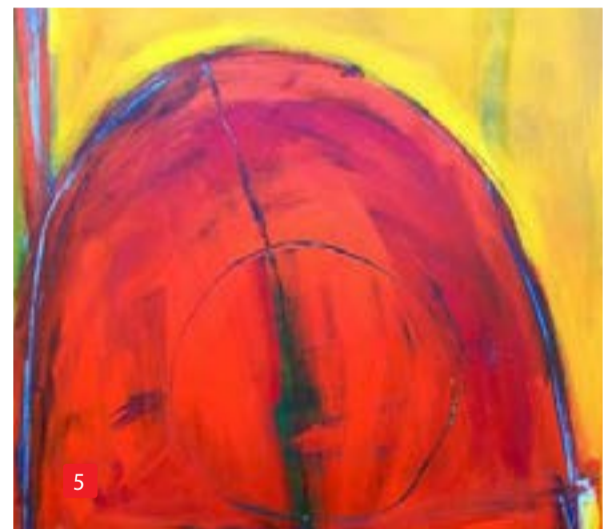
November 1-9. Award-winning artist Walt Gonske. New Works will include paintings from Northern New Mexico and Colorado. Join Us in Celebrating a Master's View of The Sange de Cristo Mountains to Coal Creek, Crested Butte.

5 Edge Gallery

November 1-9. Paintings by Jennifer Hope at Edge Gallery

6 McNichols Civic Center Building

Display on third floor featuring 46 artists. From the iconic "Blue Bear" at the Convention Center to the thought provoking blue Mustang at Denver International Airport, Denver's collection of public art beautifies the city supporting local, national, and international talent.





DENVER CULTURE

“No culture can live if it attempts to be exclusive.” -Gandhi



Four Mile Historic Park

History

Nestled on the banks of Cherry Creek, the Four Mile House was the last stop coming west to Denver along the Cherokee Trail. It was a welcome site for the weary travellers, a place to wash off the trail dust, have a drink of cool fresh water, find a home-cooked meal, or spend the night before heading into Denver.



Four Mile Museum

The house was built in 1859 by the Brantner brothers who planned to settle in the area. The Brantners sold the Four Mile House to the widow Mary Cawker in 1860. Mary and her two teenage children opened the house as a stage stop from 1860 to 1864, when she sold the property to Levi and Millie Booth. The Booths continued to offer the same hospitality to travellers, while building a thriving farm. The arrival of the railroads in 1870 eventually ended much of the stage and freight business, but the Booths property grew to 600 acres. Millie Booth, one of the area's first female entrepreneurs, added greatly to

If you want to be successful, it's just this simple. Know what you are doing. Love what you are doing. And believe in what you are doing.
--Will Rogers



the family income through her honey and butter production. At one time the property contained enough hives to produce four thousand pounds of honey in a single year. The Booth family continued to live on and work the land until the 1940s. In 1975, the City of Denver purchased the house and the remaining 12 acres of the farm, designating the property a Denver City Park. With the support of a number of organizations including the Park People and Junior League, Four Mile House was restored and the Park was opened to the public in 1978.

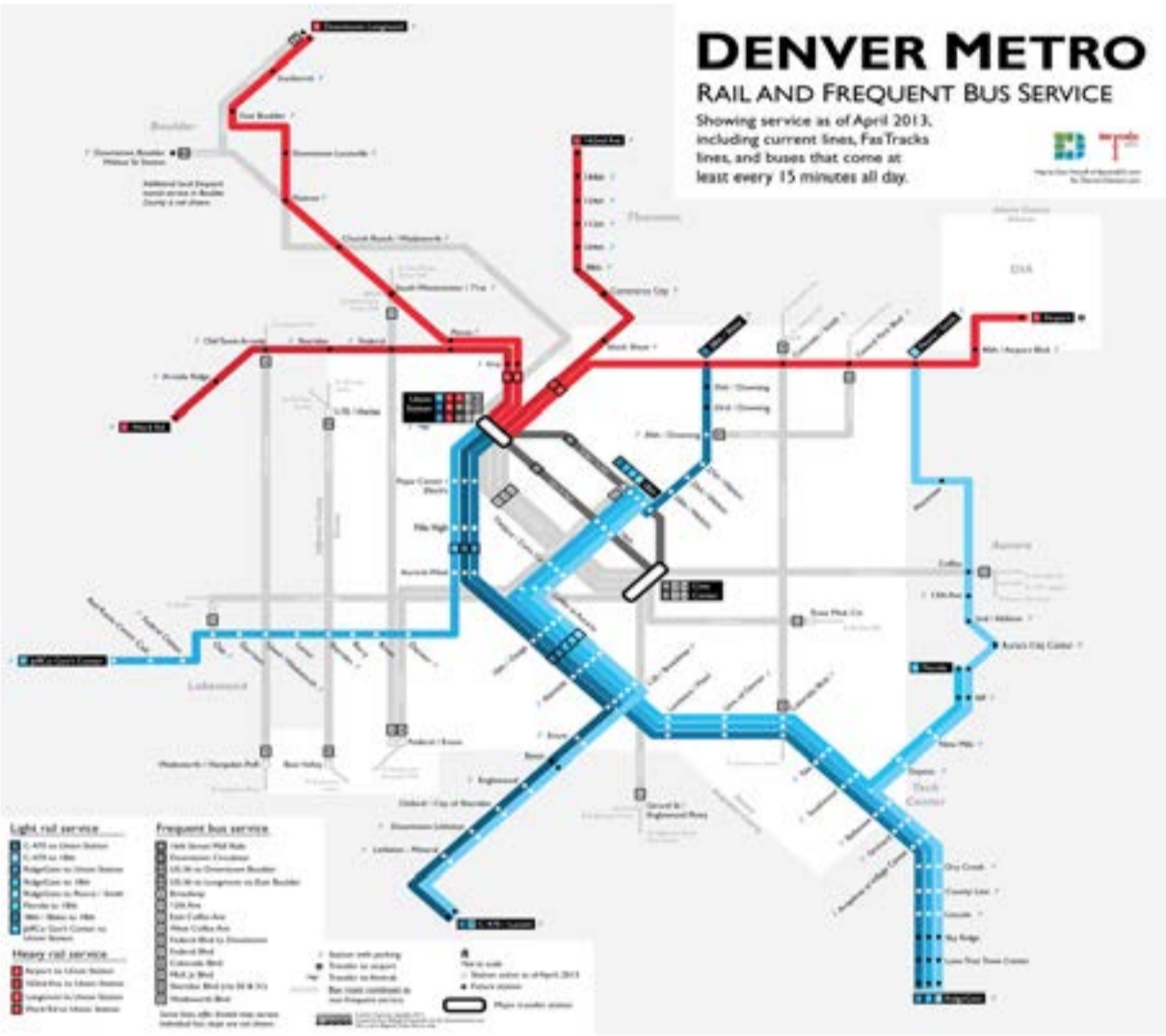


“It is not doing the thing we like to do, but liking the thing we have to do, that makes life blessed.” - Goethe

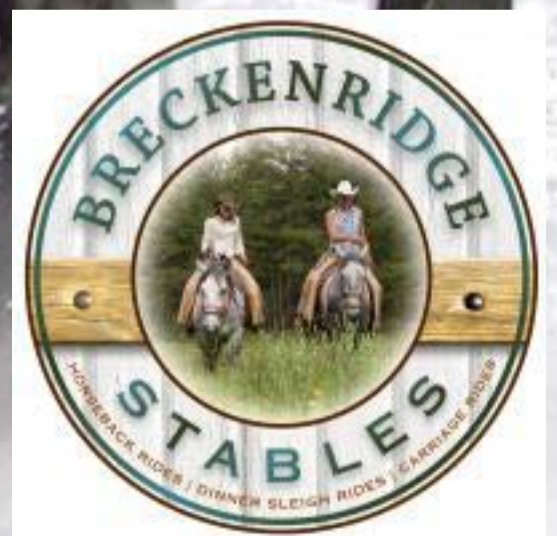


RTD

Since 1969, we've been committed to the highest standards in public transit safety and service within the eight-county metro area. From bus and light rail service, to the FREE Mall Ride and specialty services, we want each customer experience to be the best it can be.



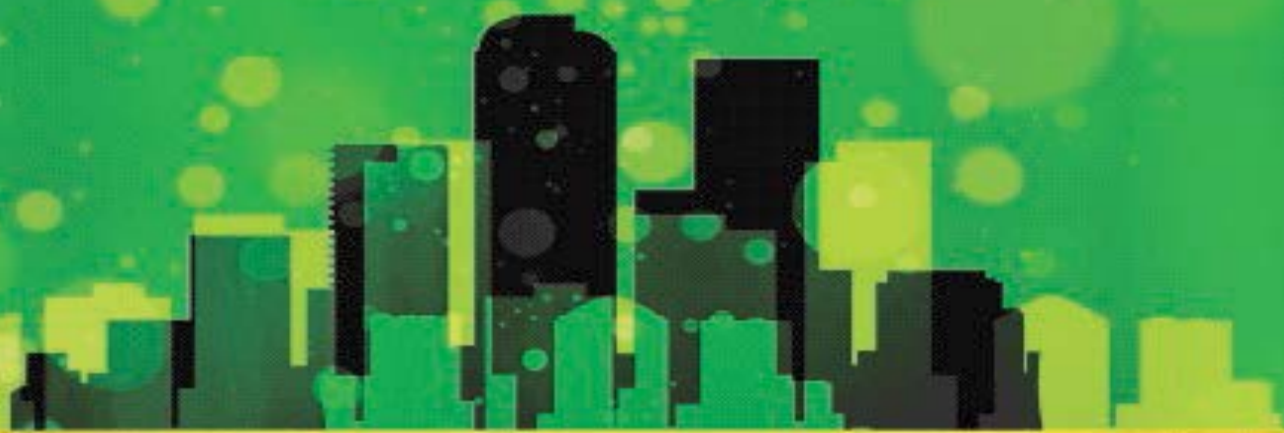
“Enjoy a horse drawn sleigh ride at Breckenridge Stables this winter!”



No Place Like Home...

26th Annual Fantasy Ball

Benefiting
The Adoption Exchange



Saturday, November 23, 2013

The Donald R. Seawell Grand Ballroom of the Denver

Performing Arts Complex. Speer & Arapahoe Denver, Colorado 80204

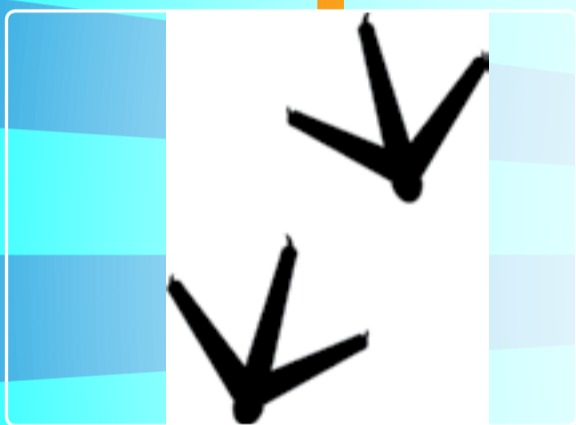


NOV 2 - Home for the Holidays 5K



NOV 2 - Heart Half Marathon/ 10k/ 5k

Guide to 5ks and Marathons



SATURDAY NOV. 2 - Home for the Holidays 5K and Family Run. City Park. 7:00am. Help raise money for Colorado Coalition for the Homeless to provide street outreach, housing, healthcare, and educational programs to Colorado's homeless adults and children.

SATURDAY NOV. 2 - Heart Half Marathon/ 10k/ 5k. Boyd Lake State Park. Loveland, Colorado. 8:30am. Half Marathon starts at Heart Center of the Rockies Medical Center of the Rockies Campus.

SATURDAY NOV. 9 - Bulldog Run Half Marathon/ 10k/ 5k. Trinidad, CO. Runners get the chance to make their way through its downtown streets and along stretches of the city's riverwalk along the Purgatoire River at the all-new Bulldog Run Half Marathon, 10K and 5K, which is be-

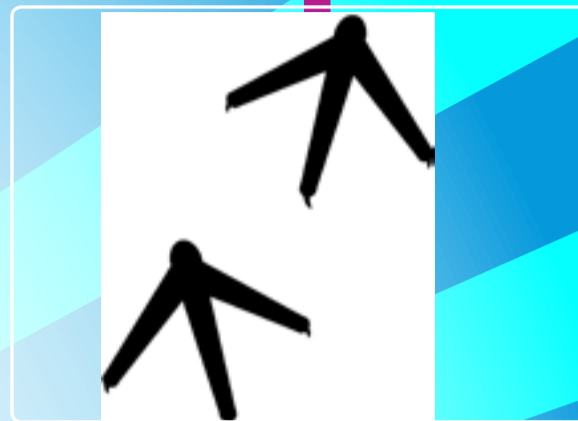
ing organized by and run as a benefit for the graduating senior class at the Primero School District in nearby Weston, a small town that lies about 20 miles west of Trinidad.

SATURDAY NOV. 9 - Run For Remembrance 5K & 10K Run. 8:00am. Benefits the Remembering the Brave Foundation dedicated to preserving the memories of brave service members who made the ultimate sacrifice in service to our country. Participants in the race will enjoy a course through Lowry Air Force Base, and a post-race expo at Lowry Beer Garden, and will receive a long-sleeve dryfit shirt.





NOV 9 - Bulldog Run Half Marathon/ 10k/ 5k



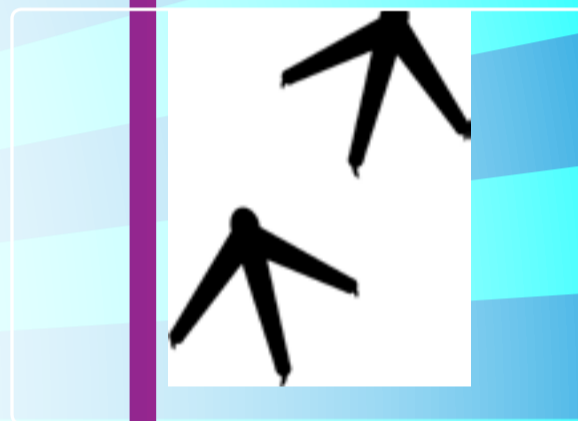
NOV 9 - Run For Remembrance 5K/10K

SATURDAY NOV. 23rd - Mustache Dache Denver. 9:00am. The Mustache Dache is a slightly irreverent mustache-themed 5K with a killer post-race party to raise awareness and funds for men's health, with an emphasis on prostate cancer. Men, women, and children are all invited to participate in the race, grow a mustache (if able), and register at Movember to become Mo' Bros and Mo' Sistas.

SATURDAY NOV. 23rd - Panicking Poultry 5 mile Turkey Trot. Boulder Reservoir. 9:30am. A Thanksgiving-season race that is fun for the whole family! The 5 mile course is on a combination of dirt and gravel paths and paved road and is held entirely within the Boulder Reservoir grounds.

THURSDAY NOV. 28th - Turkey Rock Trot. Douglas County Event Center. 9:30am. Whether you are a serious runner or leisurely walker, bring the whole family and join the fun!

THURSDAY NOV. 28th - 40th Annual Mile High United Way Turkey Trot. Washington Park. 8-11:00am Registration 10:15am First Corral 11:00am 1/4 Mile Fun Run 10-1 Finish Village Festivities. Join 10,000 people making Mile High United Way's Turkey Trot part of their Thanksgiving tradition. This four mile fun run benefits the five county metro area in the areas of School Readiness, Youth Success and Adult Self-Sufficiency.



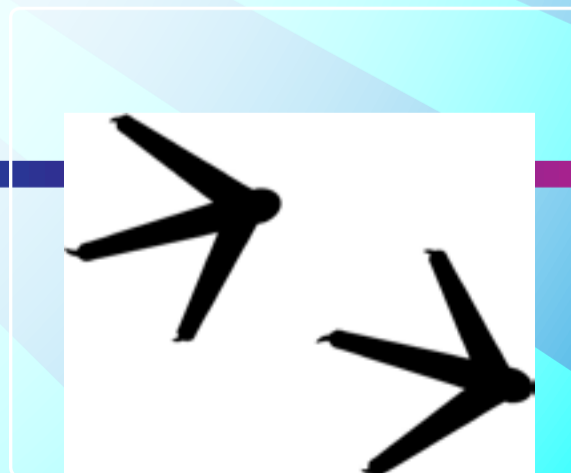
NOV 23 - Mustache Dache



NOV 23 Panicking Poultry Turkey Trot



NOV 28 Turkey Trot



NOV 28 Turkey Rock Trot

Top 10 reasons to advertise

- ONE**
Get your business known
- TWO**
Consumers interact with digital ads
- THREE**
Digital magazines increase engagement
- FOUR**
Digital magazine enhance the reading experience
- FIVE**
Readers value advertising
- SIX**
Digital magazines supply credibility
- SEVEN**
Digital magazines get consumers to act
- EIGHT**
Digital magazines are growing
- NINE**
Digital magazine ads grab attention
- TEN**
It's cost effective!



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21+
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Denver, CO 80237

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